

BANDIRMA ONYEDI EYLUL UNIVERSITY
PSYCHOLOGICAL COUNSELING AND GUIDANCE UNIT
CONSENT FORM

Dear BANU Member,

With this letter, we would like to inform you about the counseling process and our mutual rights and responsibilities.

- Psychological counseling is a process of trying to overcome problems by talking to experts in the field.
- The effectiveness of the sessions depends on your consistent effort and the right interventions.
- What is discussed in the sessions remains confidential between you and your counselor. However, if you are at risk of harming yourself or someone else, the necessary information may be shared with the appropriate people, after informing you.
- A standard session lasts 45-50 minutes. To get the most out of this process, you are expected to arrive at your sessions regularly and precisely on time.
- If you are unable to attend your appointment, you are expected to cancel it as soon as possible. If you miss an appointment without prior notice, it is your responsibility to contact your counselor to confirm your next appointment. If you miss two appointments without prior notice, your application will be terminated and you will need to reapply.
- If necessary, your counselor may recommend that you see a psychiatrist regarding medication support. In such a case, it is your responsibility to consult a psychiatrist.
- If necessary, your advisor may refer you to an expert outside the university. In such a case, it is your responsibility to consult with the expert you are referred to.

Contact person in case of emergency:..... GSM:

I agree to receive psychological counseling from the Psychological Counseling and Guidance Unit within the framework of the rules stated in this form.

Yes ☐ No ☐

Name:

Signature:

Date: